

**PUKEATUA PRIMARY SCHOOL  
HEALTH CURRICULUM CONSULTATION**



16 April 2013

Dear Parents/Caregivers

We would like your feedback on topics we teach to promote the good health and wellbeing of our students as part of the school curriculum. Please read through these and rate them from 1=very important to 3=of least importance. Also add any comments and topics that you think are also important for us to consider.

Jenni Adam

Principal

**LEVEL ONE**

<b>Personal Health &amp; Physical Development</b>	Ranking Number	<b>Relationships with Others</b>	Ranking Number	<b>Healthy Communities &amp; Enviroments</b>	Ranking Number
Food for Health		Kia Kaha		What are rules	
Personal Hygiene		Getting on with others		Keeping me safe	
Safety—water, sun, road		Saying what I want		Safety in the Home	
Life Education		Drills e.g. fire, earthquakes etc		Health Care Workers in our school	

**LEVEL TWO**

Food for health		Maintaining relationships		Obeying Rules & Following Rules	
Hygiene		Making Friends		Emergency Helpers	
Caring for the Body		Kia Kaha (Police Programme)		Keeping Safe at school	
Life Education		Fair Play			
		Keeping Ourselves Safe (Police Programme)			

**LEVEL THREE**

Food for Health		Maintaining Friends		Civil Defence—Keeping our community safe	
Healthy Eating		Kia Kaha		How the media promotes a healthy life style	
Hygienic Bodies		Keeping Rules		Keeping rules	
Life Education		DARE—DARE to make choices (Police Programme)			

**LEVEL FOUR**

Health Promotion—Pubertal change		Cultural Differences & Expectations		Media Promotion of healthy lifestyle	
Body Image		Inclusiveness v. Discrimination		Safety—Smokefree, first aid, health & safety	
Food for Health		Anger Management and Conflict Resolution		Community/National Days—Women Against Violence, Daffodil Day etc	
Gender Stereotyping		Leadership Roles		Media Messages and consumer interests.	
Life Education					

**SUGESTIONS/COMMENTS**

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