



Te Awakairangi Health Network

Yesterday at 17:46 · 🌐

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See the visual below to help explain the new changes to isolation and testing. Two key things to know if you have tested positive are:

- Your isolation period starts from the date of your positive test OR the day you started having symptoms, whichever came first.
- You no longer need a negative test to finish isolating or to return to work as long as you have no symptoms. This is because the risk of passing it on after day 7 with no symptoms is low.

Stay well Hutt Valley 🍷💜

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